

Bottle Maracas

Maracas are simple instruments for young children to play. It is easy and fun to make your own maracas. All you need is a small plastic bottle and a towel roll tube. The other materials can be adapted to whatever you have available.

Materials



Small plastic bottles (250 ml is ideal)

Paper towel tube

Filling for the maracas such as beads, dried rice, pasta or sand

Sticky tape

Items to decorate



Instructions

1. Rinse your bottles and remove labels. Leave to dry.
2. Put the rice, beads or other small items inside the bottle and screw lid tightly.
3. Using scissors cut down the paper towel tube lengthways down one side.
4. Wrap the tube tightly around the top of the bottle



5. Fasten with sticky tape.
6. Decorate your maracas. You could use scrap paper, ribbons and stickers
7. Now make some music!



Extension: Experiment by using different materials to fill your maracas to create different sounds.

